

# SpectrumSupport II™ and SpectrumSupport II with PAK™ LIQUID-CAPS

*Medium intensity vitamins and minerals, for  
targeted neurological support*



- Nutritional support designed for those with brain health challenges, such as autism, ADD/HD, apraxia and Asperger's Syndrome.
- Support for healthy glutathione levels and the body's ability to naturally detoxify heavy metals and other toxins.
- Herbal support for natural detoxification, intestinal health and metabolic balance.
- May help with sleep and digestion, according to a published 2003 Arizona State Study done in by James Adams.
- Revolutionary liquid-filled capsules – the ease of capsules with the absorption of liquids!
- Designed for sensitive people – low in phenols, hypo-allergenic, no artificial fillers or sweeteners.

**SUGGESTED USE:** As a dietary supplement, 3 times a day with meals. May mix with water or other beverages.

**Dosage by body weight**

50 lbs	2 caps each of vitamins and minerals, 3 times a day with meals
100 lbs	3 caps each of vitamins and minerals, 3 times a day with meals
150 lbs	4 caps each of vitamins and minerals, 3 times a day with meals

*(Please see dosage chart for more detailed dosing information)*

Spectrum Support II is our best-selling vitamin and mineral formulation designed to meet the nutrition needs of children on the autistic spectrum. Spectrum Support II with PAK, features the less-potent pyridoxine form of vitamin B6, and is a great starter formula. Spectrum Support II features the "active" P5P form of vitamin B6, and is a great formula for children who are used to higher doses of B6, or whose bodies have already adjusted to our very bioavailable liquid vitamin and mineral formulas.

All of our Spectrum Support formulas utilize scientifically advanced, highly absorbable, and bioavailable forms of key vitamins and minerals in metabolically significant quantities. These nutrients are complemented by a selection of tonifying, organically grown herbs to provide comprehensive metabolic support for body systems that have fallen out of their normal balance and rhythm.

Spectrum Support means far more than just basic nutrition. One of the primary intentions of the Spectrum Support Formulas is to thoroughly support Phase II detoxification pathways, to enhance the glutathione, sulfation, glycine, taurine, gluconide, acetylation, and methylation conjugation of toxins in the body, assisting the body in its natural ability to detoxify itself.

As always BrainChild Supplements are free of common allergens and contain **no added sugar, artificial colors, flavors, sweeteners, or sodium benzoate preservative.**



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NUTRITIONALS

# Spectrum Support II and Spectrum Support II with PAK

## Part A – Vitamins

**PLEASE NOTE:** The only difference between the two vitamin formulas is the type of vitamin B6 in them. Spectrum Support II is a more potent formula because it contains the active P5P form of vitamin B6.

Serving Size: 6 Liquid-Caps

<b>Amount per Serving</b>	
Mixed carotenoids from Dunaliella Salina	6000 IU
Vitamin C (Calcium Ascorbate)	500 mg
Vitamin D3 (Cholecalciferol)	400 IU
Vitamin E (Natural d-Alpha-Tocopherol Acetate)	125 IU
Vitamin B-1 (Thiamin Hydrochloride)	20 mg
Vitamin B-2 (Riboflavin-5-Phosphate)	20 mg
Vitamin B-3 (Niacinamide and Inositol Hexaniacinate)	35 mg
Vitamin B-6 (Pyridoxyl-5-Phosphate)	20 mg *
Vitamin B-6 (Pyridoxine Alpha-Ketoglutarate)	20 mg **
Folinic Acid (Calcium Folate)	500 mcg
Vitamin B-12 (Cyanocobalamin)	600 mcg
Biotin	500 mcg
Vitamin B-5 (Calcium Pantothenate)	100 mg
Choline (Citrate)	60 mg
Inositol	80 mg
Bioflavonoids	150 mg
TMG (Trimethylglycine)	100 mg
L-Glycine	100 mg
DMAE (Dimethylaminoethanol Bitartrate)	40 mg
N-Acetyl-Cysteine	15 mg

### **Other Ingredients**

Organically grown alcohol-free proprietary herbal extract blend of the following: Ashwaganda Root, Burdock Root, Astragalus Root, Sarsaparilla Root, Fennel Seed, Ginkgo Leaf, Gotu Kola Leaf, Gymnema Sylvestre Leaf, Milk Thistle Seed, and Schisandra Fruit.

Kosher vegetable glycerine, vegetarian capsule, purified water.

\* Spectrum Support II only

\*\* Spectrum Support II with PAK only

## Part B – Minerals

Serving Size: 6 Liquid-Caps

<b>Amount per Serving</b>	
Calcium D-Glucarate	100 mg
Magnesium (Krebs Chelates***)	60 mg
Zinc (Krebs Chelates***)	15 mg
Selenium (Selenomethionine)	100 mcg
Manganese (Citrate)	2 mg
Chromium	25 mcg
Molybdenum (Krebs Chelates***)	200 mcg
Potassium (Alpha-Ketoglutarate)	25 mg
Methylsulfonylmethane (MSM)	200 mg
Calcium D-Glucarate	100 mg

### **Other Ingredients**

Organically grown alcohol-free proprietary herbal infusion of Burdock Root, Astragalus Root and Slippery Elm Bark.

Kosher vegetable glycerine, vegetarian capsule, purified water.

\*\*\*Krebs Chelates are a highly bioavailable form of minerals, bonded with organic acids of the Krebs Cycle: malic, fumaric, citric, succinic and alpha ketoglutaric acids. Krebs chelated minerals are utilized to provide the organic acids needed to optimize energy production within the mitochondrial cell energy production centers of the cells.

**DOES NOT CONTAIN:** eggs, wheat, gluten, dairy, casein, yeast, refined sugars, artificial sweeteners, colors and flavors.

FEINGOLD ASSOCIATION ACCEPTABLE FOR PHASE I

### **Keep out of Reach of Children**

Every effort has been taken to eliminate any significant sources of natural salicylates, phenols and benzoates.



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