

BrainChild Nutritionals

Oregon Grape Extract

Natural herbal extract that supports a healthy microbial balance in the gastro-intestinal tract. Helps support a healthy bladder and liver.

Oregon grape is not a grape at all, but is a member of the Berberine family. Studies have shown that Oregon Grape can help make the gastro-intestinal tract less hospitable to candida and a wide range of pathogenetic bacteria. Berberines have been used for hundreds of years to help support the body while fighting infections. Oregon Grape can also be helpful during cold season, as it has anti-inflammatory and immuno-supportive properties, and can help cool a fever and calm diarrhea. Oregon Grape supports healthy bladder functioning, helps cleanse the blood, and supports the liver.

Oregon Grape is one of the supplements used in our Candida Program. Oregon Grape is low in phenols, and is safe for use by young children. Our Oregon Grape is organically grown in the U.S., and our extract is alcohol-free, and lightly flavored with natural lemon.

Contraindications:

Not recommended for use during pregnancy and lactation. Adults should not take for longer than three weeks continuously, children not longer than 10 consecutive days.

Interactions:

It is suggested that the efficacy of certain drugs i.e. Doxycycline and Tetracycline may be reduced when taken in conjunction with Oregon grape.

Dosing:

Full adult dose is 30 drops in a glass of water or other drink, 3 times a day. Start at half dose and work up to full dose over first few days, to avoid herxheimer reaction (die off). Children's dose is one half adult dose. Sensitive children should start at 1 drop, 3 times a day and work up slowly.

Serving Size: 30 drops (1 ml)

Servings Per Container: 30 (1oz bottle), 60 (2oz bottle)

Amount per Serving

Oregon Grape Root	1:1 extract
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Other Ingredients: Distilled water, glycerine, ascorbic acid, glycine, and natural lemon extract.