

# BrainChild Nutritionals

## LiquiZinc

*Extremely well-absorbed liquid zinc in an ultra-colloidal suspension.  
Available with or without natural lemon-lime flavor.*

Zinc is present in every cell in the body and is involved with more enzymatic reactions in the body than any other mineral. It is crucial in detoxification, recycling glutathione, immune function, blood sugar regulation, and sensory function, utilized for wound healing, inflammatory conditions, as well as in neurological and liver function. Zinc plays a large role in cellular division, cell membrane integrity and function, protein digestion, and aids in the utilization and maintenance of vitamin A reserves. This essential mineral is a component of the heavy-metal detoxifying powerhouse, metalothionien.

LiquiZinc is an ultra-colloidal suspension for optimal absorption and cellular uptake. Essentially predigested, no breakdown by the digestive tract is required, facilitating superior absorption, and effectively raising plasma zinc status. LiquiZinc also helps balance elevated levels of plasma copper and cadmium.

Use this product gently when copper or cadmium are somewhat elevated to ensure effective metallomineral balance, then reduce to the suggested maintenance dosage of 20 mg once cadmium is normalized and/or normal copper levels have been established.

**REFRIGERATE AFTER OPENING.** Shake well before each use. Keep neck and cap clean.

**SUGGESTED USAGE:** As a dietary supplement, mix two teaspoons with 3-4 oz juice or water, 1-2 times a day on an empty stomach at least 30 minutes before a meal for optimum absorption. If nausea occurs, take with meals.

Serving Size: Two teaspoons (10 ml)

Servings Per Container: 96

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**Amount per Serving**

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Zinc (Krebs Chelates\*) 10 mg

Zinc (Citrate) 10 mg

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\*Krebs Chelates are a highly bioavailable, superior form of minerals, bonded with five key organic acids of the Krebs Cycle: malic, fumaric, citric, succinic and alpha ketoglutaric acids. Krebs chelated minerals are utilized to provide the organic acids needed to optimize energy production within the mitochondria cellular energy production centers of the cells.

Other Ingredients: Purified water, xanthan gum, kosher vegetable glycerine, potassium sorbate, natural lemon and lime extracts (in Lemon Lime flavored product only).

DOES NOT CONTAIN eggs, wheat, gluten, dairy, casein, yeast, corn, soy, refined sugars, artificial sweeteners, colors and flavors.

*Every effort has been taken to eliminate any significant sources of natural salicylates, phenols and benzoates.*

**NOTE: THIS PRODUCT HAS BEEN APPROVED FOR USE ON THE  
SPECIFIC CARBOHYDRATE DIET (SCD) AND IS FEINGOLD ASSOCIATION  
ACCEPTABLE FOR STAGE 1**