

# BrainChild Nutritionals

## SpectrumSupport II™ and SpectrumSupport II with PAK™

*Medium intensity neurological, metabolic and digestive support in an ultra-colloidal liquid suspension. Includes Part A - Vitamins and Part B - Minerals.  
Available with or without natural lemon-lime flavor.*

### Part A – Vitamins

Spectrum Support II and Spectrum Support II with PAK are our most popular starter formulas. They are medium-intensity formulas, and are well-tolerated by many children just starting out on supplementation.

**PLEASE NOTE:** The only difference between the two formulas is the type of vitamin B6 in them. Spectrum Support II is a more potent formula because it contains the active P5P form of vitamin B6.

Amounts shown are for one ounce (*please consult dosage chart for full range of body weights and suggested dosages*).

Serving Size: One ounce (6 teaspoons or 30 ml)

Servings Per Container: 32

#### Amount per Serving

Mixed carotenoids from Dunaliella Salina	6000 IU
Vitamin C (Calcium Ascorbate)	500 mg
Vitamin D3 (Cholecalciferol)	200 IU
Vitamin E (Natural d-Alpha-Tocopherol Acetate)	125 IU
Vitamin B-1 (Thiamin Hydrochloride)	20 mg
Vitamin B-2 (Riboflavin-5-Phosphate)	20 mg
Vitamin B-3 (Niacinamide and Inositol Hexaniacinate)	35 mg
Vitamin B-6 (Pyridoxyl-5-Phosphate)	20 mg*
Vitamin B-6 (Pyridoxine Alpha-Ketoglutarate)	20 mg**
Folinic Acid (Calcium Folate)	500 mcg
Vitamin B-12 (Cyanocobalamin)	600 mcg
Biotin	500 mcg
Vitamin B-5 (Calcium Pantothenate)	100 mg
Choline (Citate)	60 mg
Inositol	80 mg
Lemon Bioflavonoids	150 mg
TMG (Trimethylglycine)	100 mg
L-Glycine	100 mg
DMAE (Dimethylaminoethanol Bitartrate)	40 mg***
N-Acetyl-Cysteine	15 mg

\* Spectrum Support II only

\*\*Spectrum Support II with PAK only

\*\*\*Canadian formulation does not contain DMAE as mandated by the Canadian government

#### THIS FORMULA ALSO CONTAINS:

An organically-grown alcohol-free proprietary herbal extract blend of the following:  
Ashwaganda Root, Burdock Root, Chinese Astragalus Root, Chinese Sarsaparilla Root, Fennel Seed, Gingko Leaf, Gotu Kola Leaf, Gymnema Sylvestre Leaf, Milk Thistle Seed, and Schisandra Fruit.

#### Other Ingredients:

Purified water, xanthan gum, kosher vegetable glycerol, potassium sorbate & natural lemon and lime extracts (in flavored product only).

DOES NOT CONTAIN: eggs, wheat, gluten, dairy, casein, yeast, corn, soy, refined sugars, artificial sweeteners, colors and flavors.

*Every effort has been taken to eliminate any significant sources of natural salicylates, phenols and benzoates.*

FEINGOLD ASSOCIATION ACCEPTABLE FOR STAGE 1

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*Medium intensity neurological, metabolic and digestive support in an ultra-colloidal liquid suspension. Includes Part A - Vitamins and Part B - Minerals.  
Available with or without natural lemon-lime flavor.*

### Part B – Minerals (typically used with Spectrum Support I, II & III vitamins)

Amounts shown are for one ounce (*please consult dosage chart for full range of body weights and suggested dosages*).

Serving Size: One ounce (6 teaspoons or 30 ml)

Servings Per Container: 32

#### **Amount per Serving**

Calcium (Krebs Chelates*)	70 mg
Calcium D-Glucarate	100 mg
Magnesium (Krebs Chelates*)	60 mg
Zinc (Krebs Chelates*)	15 mg
Selenium (Selenomethionine)	100 mcg
Manganese (Succinate)	2 mg
Chromium	25 mcg
Molybdenum (Krebs Chelates*)	200 mcg
Potassium (Alpha-Ketoglutarate)	25 mg
Methylsulfonylmethane (MSM)	200 mg

\*Krebs Chelates are a highly bioavailable form of minerals, bonded with five organic acids of the Krebs Cycle: malate, fumarate, citrate, succinate and alpha ketoglutarate

#### THIS FORMULA ALSO CONTAINS:

An organically-grown alcohol-free proprietary herbal infusion of Burdock Root, Chinese Astragalus Root and Slippery Elm Bark.

Other Ingredients: Purified water, xanthan gum, natural lemon and lime extracts (flavored version only), kosher vegetable glycerine, potassium sorbate.

DOES NOT CONTAIN: eggs, wheat, gluten, dairy, casein, yeast, corn, soy, refined sugars, artificial sweeteners, colors and flavors.

*Every effort has been taken to eliminate any significant sources of natural salicylates, phenols and benzoates.*

**FEINGOLD ASSOCIATION ACCEPTABLE FOR STAGE 1**