

# BrainChild Nutritionals

## Spectrum Support I™

*Low intensity neurological, metabolic and digestive support in an ultra-colloidal liquid suspension.  
Includes Part A - Vitamins and Part B - Minerals.  
Available with or without natural lemon-lime flavor.*

### Part A – Vitamins

Amounts shown are for one ounce (*please consult dosage chart for full range of body weights and suggested dosages*).

Serving Size: One ounce (6 teaspoons or 30 ml)

Servings Per Container: 32

#### Amount per Serving

Mixed carotenoids from Dunaliella Salina	7500 IU
Vitamin C (Calcium Ascorbate)	700 mg
Vitamin D-3 (Cholecalciferol)	200 IU
Vitamin E (Natural d-Alpha-Tocopherol Acetate)	150 IU
Vitamin B-1 (Thiamin Hydrochloride)	20 mg
Vitamin B-2 (Riboflavin-5-Phosphate)	10 mg
Vitamin B-3 (Niacinamide and Inositol Hexaniacinate)	20 mg
Vitamin B-6 (Pyridoxine Alpha-Ketoglutarate)	3 mg
Folinic Acid (Calcium Folate)	150 mcg
Vitamin B-12 (Cyanocobalamin)	150 mcg
Biotin	250 mcg
Vitamin B-5 (Calcium Pantothenate)	125 mg
Choline (Citrate)	80 mg
Inositol	100 mg
Lemon Bioflavonoids	300 mg
TMG (Trimethylglycine)	150 mg
DMAE (Dimethylaminoethanol Bitartrate)	40 mg

#### THIS FORMULA ALSO CONTAINS:

An organically-grown alcohol-free proprietary herbal extract blend of the following:  
Ashwaganda Root, Burdock Root, Chinese Astragalus Root, Chinese Sarsaparilla Root, Fennel Seed, Ginkgo Leaf, Gotu Kola Leaf, Gymnema Sylvestre Leaf, Milk Thistle Seed, and Schisandra Fruit.

#### Other Ingredients:

Purified water, xanthan gum, kosher vegetable glycerol, potassium sorbate & natural lemon and lime extracts (in flavored product only).

DOES NOT CONTAIN: eggs, wheat, gluten, dairy, casein, yeast, corn, soy, refined sugars, artificial sweeteners, colors and flavors.

*Every effort has been taken to eliminate any significant sources of natural salicylates, phenols and benzoates.*

FEINGOLD ASSOCIATION ACCEPTABLE FOR STAGE 1

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*Low intensity neurological, metabolic and digestive support in an ultra-colloidal liquid suspension.  
Includes Part A - Vitamins and Part B - Minerals.  
Available with or without natural lemon-lime flavor.*

### Part B – Minerals (typically used with Spectrum Support I, II & III vitamins)

Amounts shown are for one ounce (*please consult dosage chart for full range of body weights and suggested dosages*).

Serving Size: One ounce (6 teaspoons or 30 ml)

Servings Per Container: 32

#### **Amount per Serving**

Calcium (Krebs Chelates*)	70 mg
Calcium D-Glucarate	100 mg
Magnesium (Krebs Chelates*)	60 mg
Zinc (Krebs Chelates*)	15 mg
Selenium (Selenomethionine)	100 mcg
Manganese (Succinate)	2 mg
Chromium	25 mcg
Molybdenum (Krebs Chelates*)	200 mcg
Potassium (Alpha-Ketoglutarate)	25 mg
Methylsulfonylmethane (MSM)	200 mg

\*Kreb's Chelates are a highly bioavailable form of minerals, bonded with five organic acids of the Krebs Cycle: malate, fumarate, citrate, succinate and alpha ketoglutarate.

#### THIS FORMULA ALSO CONTAINS:

An organically-grown alcohol-free proprietary herbal infusion of Burdock Root, Chinese Astragalus Root and Slippery Elm Bark.

Other Ingredients: Purified water, xanthan gum, natural lemon and lime extracts (flavored version only), kosher vegetable glycerine, potassium sorbate.

DOES NOT CONTAIN: eggs, wheat, gluten, dairy, casein, yeast, corn, soy, refined sugars, artificial sweeteners, colors and flavors.

*Every effort has been taken to eliminate any significant sources of natural salicylates, phenols and benzoates.*

**FEINGOLD ASSOCIATION ACCEPTABLE FOR STAGE 1**